

FRIDAY NIGHTS

TOTALLY FREE - EVERY WEEK - 7:30-10:30PM

Friday nights sponsored by:



PAPA JOHN'S
AUGUST 31
Doubles Foosball Tourney & Karaoke/Open Mic Night

SMALLCAKES
SEPTEMBER 7
Rep Your School Spirit & Class Duels

Buca di BEPPO
SEPTEMBER 14
Backyard Bash w/ School of Rock Show Band (Rock)

HERSHEY'S
SEPTEMBER 21
Chalk Murals & Campfire Kickback w/ Andy and Makayla (Indie/Acoustic)

DUNKIN' DONUTS
SEPTEMBER 28
Fall Fest & Badminton Tournament w/ Ocean Candy (Pop)

City BARBECUE
OCTOBER 5
Lumberjack Jam & Karaoke/Open Mic Night

Freddy's
OCTOBER 12
Bridge Variety Show w/ MG Bailey (One Man Band)

truGURT
OCTOBER 19
Food Battle: Loaded Mashed Potatoes w/Retirement Party (Pop Rock 'n Roll)

Chuy's
OCTOBER 26
Extreme BINGO & Pumpkin Painting w/ DJ Streetphaze

Buca di BEPPO
NOVEMBER 2
Duct Tape Showdown w/ Safekept (Alternative)

PAPA JOHN'S
NOVEMBER 9
Classic Game Show Night: Family Feud w/ Danger Scene (Electronic)

truGURT
NOVEMBER 16
Harry Potter Trivia & Bertie Bott's Jelly Bean Guess w/ Golds (Indie Pop)

BURGER 21
NOVEMBER 23
CLOSED (HAPPY THANKSGIVING)

BURGER 21
NOVEMBER 30
Siri Song Battles & Karaoke/Open Mic Night

Calver's
DECEMBER 7
"Home Alone" Building Challenge w/ One Shot Finch (Classic Rock)

PDQ
DECEMBER 14
White Elephant & Holiday Market w/Christal Luster (Singer/Songwriter)

DUNKIN' DONUTS
DECEMBER 21
Christmas Pajama Party and Karaoke/Open Mic Night

Chuy's
DECEMBER 28
Closed in preparation of New Years Eve



Help us **ENGAGE, CONNECT,** and **EMPOWER** our students! For complete details about how **YOU**, your **BUSINESS**, or your **GROUP** can help us proactively "Drive Out Bullying" contact Amber Holup at **708.532.0500** or visit:

WWW.THEBRIDGETEENCENTER.ORG/NEWS/DOB2018

VOLUNTEER
WITH FAMILY & FRIENDS

DONATE
YOUR USED STUFF

ORGANIZE
A DONATION DRIVE

FREE FAFSA CLINIC + BREAKFAST WORKSHOP



FOR HIGH SCHOOL SENIORS, COLLEGE STUDENTS & PARENTS

SATURDAY, OCTOBER 13TH

BREAKFAST WORKSHOP (9:00-11:00) Get all your questions answered about the financial aid process, getting scholarships, and support for first-generation students. You may sign-up for both the workshop and a one-on-one appointment.

ONE-ON-ONE APPOINTMENTS (11:00-4:00) Make a 50 minute appointment with an expert from ISAC who will help you make sure the FAFSA application is **completed** on time and with accuracy.

It's important to complete the FAFSA as soon as possible after October 1st so your student receives the greatest amount of financial support possible. There's no need to wait for new tax forms- you can use your tax forms from 2016-2017.

Sponsored by:



To sign up for the workshop and/or to schedule a one-on-one appointment, please call 708.532.0500.

THRIFTASTIC Student Service

- BUILD YOUR RESUME
- GAIN JOB-READINESS SKILLS
- COMMUNITY SERVICE HOURS
- DEVELOP NEW SKILLS

Whether you have a community service hour requirement to fulfill or you are looking to develop valuable retail skills in an active team environment, we've got you covered. Bring meaning to your service hours and build your resume by serving at The Bridge Thrift Store. Hours are available both after school and on Saturdays.

Interested students should contact Morgan at morgan@thebridgeteencenter.org or 708.532.0500 for details. Open to students with completed Student Membership Application on file (available for free on our website).

THIS EVENT IS NOT SPONSORED BY COMMUNITY CONSOLIDATED SCHOOL DISTRICT 146, ANY OF ITS SCHOOLS, OR GROUPS OFFICIALLY ASSOCIATED WITH THE DISTRICT



FALL/WINTER
2018
PROGRAM MAGAZINE



15555 S. 71st Court
Orland Park, IL 60462
708.532.0500
thebridgeteencenter.org
@TheBridgeTC

This semester is sponsored by:



Empower Yourself With Options.



FREQUENTLY ASKED QUESTIONS

WHAT IS THE BRIDGE TEEN CENTER?

We are a nonprofit community center for students in 7th-12th grade. We offer FREE programs and events (after school and on Friday nights) that are designed around the interests and needs of teens in the suburbs.

HOW DOES A STUDENT BECOME A MEMBER?

To join, click on the "APPLY NOW" tab of our homepage. The Student Membership Application (SMA) can be completed online or a hard copy can be picked up in person. Students are required to fill out an SMA only once. Once that has been completed, signed by a parent/guardian, and approved by staff, students have unlimited access to all our free programs.

HOW DO I SIGN-UP FOR PROGRAMS?

To sign up online for our FREE programs, click on "Programs" on our homepage. Pick the programs you want to attend and click "Sign up for this program". Finish sign up by clicking the "shopping cart" icon on the top right. Then "check out" with your student ID and password. Please call us if you do not have your student login info.

ARE THERE RESIDENCY RESTRICTIONS?

No. To date, we have served over 6,700+ different students from 128 communities.

WHEN ARE YOU OPEN FOR STUDENTS?

Student hours are 2:00-6:00 T, W & Th; 7:30-10:30 Friday nights.



CELEBRATING A SPECIAL EVENT?

Reserve the Celebration Lounge for \$10 a student! (6 student maximum) and receive:



FOR RESERVATIONS CONTACT JUSTIN AT 708.532.0500



Supporter of live music nights.

FREE with a completed student membership application (SMA) on file. \$5 without a completed SMA.

*No outside food or drinks are permitted.



NEW YEARS EVE
"Masquerade Party"

MONDAY, DECEMBER 31ST
9:30PM-12:30AM

LIVE MUSIC FROM:
LNYX
(ELECTRONIC)

FREE FOOD FROM:
Giordano's

SIGN-UP REQUIRED DUE TO LIMITED SPACE.

OUR FREE PROGRAMS ARE ORGANIZED INTO

5 BUCKETS:



MIND/
BODY



EVERYDAY
LIFE



COMMUNITY
CONNECTIONS



EDUCATIONAL
SUPPORT



EXPRESSIVE
ARTS

AUGUST, SEPTEMBER & OCTOBER



August 28 (Tues., 4:00-5:30)
GRAPHIC DESIGN w/ Dave
Import a thumbnail sketch into Adobe Illustrator to create a vector illustration and finish with a printed product.



August 29 (Wed., 4:00-5:30)
eSKILLS: PAPER CRAFTING w/ Mandi
Make a variety of paper crafts using textured and printed paper. Learn folding, cutting, and design techniques to create cards, gift wrap, and more!



August 30 (Thurs., 4:00-6:00)
PROJECT SERVE: THRIFT STORE
Get a head start on the community service hours you need. Volunteer at The Bridge Thrift Store by helping sort, clean, and shelf donated items.



September 4 (Tues., 4:00-5:00)
ON-STAGE STORYTELLING w/ Veritas Theatre Co.
Practice a "read-through" from a script and perform a short one-act play.



September 4 (Tues., 4:00-5:30)
DRAWING FACIAL FEATURES w/ Bridge Ambassador, Doria
Explore various styles of drawing facial features like caricatures, cartoons, anime, and realistic faces.



September 5 (Wed., 4:00-5:00)
eSKILLS: MAGIC TRICKS & ILLUSIONS w/ Justin
Watch and learn how to do a basic sleight of hand illusion and card tricks.



September 5 (Wed., 4:00-5:30)
CULINARY: REFRESHERS & TEAS w/ Starbucks
Craft the perfect Starbucks iced tea with cane sugar or lemonade. Or add real fruit to a mango, lime, or strawberry refresher.



September 5 (Wed., 5:00-6:00)
GET ORGANIZED FOR SCHOOL
Never miss another assignment and make homework time easier. Keep your notebooks, book bag, locker, and study apps organized.



September 6 (Thurs., 3:45-6:00)
HORSEBACK RIDING
Saddle up and take a trail ride into the woods on horseback.



September 6 (Thurs., 4:00-5:30)
EATING WITH THE SEASONS: CULINARY
Delight in the sweet n' tart flavor combination in cranberry-apple dumplings, chunky cinnamon applesauce, and paninis loaded with turkey, brie, and cranberry mustard.



September 11 (Tues., 4:00-5:30)
CULINARY: TEX-MEX ENCHILADAS w/ Chuy's
Hand-roll a corn tortilla and add meat, veggies, and sauce to create a delicious, authentic enchilada!



September 11 (Tues., 4:30-5:30)
FALL FASHION MUST-HAVES w/ Generation Bliss
Design a "capsule wardrobe" with clothes you already have and fall staples like scarves and accessories.



September 12 (Wed., 4:15-6:00)
ENVIRONMENTAL RESTORATION PROJECT w/ Trinity Christian College
Learn more about the ecology of Lake Katherine and remove invasive plants to restore the environment.



September 12 (Wed., 4:30-5:45)
GEARHEADS: JUMP START A CAR w/ Bettenhausen Auto
Clamp on jumper cables to a dead battery and bring a car back to life, plus change a flat tire. Better to learn now than be sorry later!



September 13 (Thurs., 5:00-6:00)
STEPS TO CAREER SUCCESS w/ Junior Achievement
Discover your talents and interests and how to use them to plan your future career.



September 18 (Tues., 4:00-6:00)
PROJECT SERVE: THRIFT STORE
Volunteer at The Bridge Thrift Store by helping sort, clean, and shelf donated items. Community service hours given.



September 18 (Tues., 4:30-6:00)
ACOUSTIC GUITAR
Practice basic chords, learn how to tune your strings, and read sheet music to play a song. Don't have a guitar? We've got you covered.



September 19 (Wed., 4:00-6:00)
BEHIND THE SCENES: SCREEN PRINTING w/ New Life Screen Printing
See how your favorite t-shirts are designed and printed and tour a screen printing facility. Every student will leave with a t-shirt.



September 19 (Wed., 4:30-6:00)
SOUL CAFE: BENEFITS OF "ME TIME" w/ Hope Enrichment Center
Use alone time as a way to "recharge" and become a happier (not lonelier) person!



September 20 (Thurs., 4:00-5:00)
DIY CLAY-COVERED PENS
Use polymer oven-bake clay to give your pens a unique and crafty look.



September 20 (Thurs., 5:00-6:00)
MATH STUDY TIPS w/ Intellect Learning Center
Make sense of math with helpful study tips you can use while learning the subject.



September 25 (Tues., 4:00-5:00)
PAINTING WATER IMAGES w/ Art-a-la-Carte
Acquire the techniques that professional artists use to realistically depict water in their paintings.



September 25 (Tues., 4:00-6:00)
BIRD WALK w/ Orland Grassland
Walk the trails through rolling prairie fields and ponds and spot rare birds that make their habitat in the grassland.



September 25 (Tues., 4:15-5:30)
GEARHEADS: EXTREME RACE CARS w/ Team Stradale
Check out a real race car and hear what it takes to drive and maintain it. We'll take it for a spin, too!



September 26 (Wed., 4:00-6:00)
WHEEL GYMNASTICS w/ Cirque's Experience
Get inside a gymnastics wheel and meet a world-renown wheel gymnast and choreographer.



September 26 (Wed., 4:15-5:45)
AROUND THE WORLD: JAPANESE HANGING GARDEN
Dig into this Asian art of enclosing and growing plant roots in only moss.



September 27 (Thurs., 4:00-5:00) & October 4 (Thurs., 4:00-6:00)
BILIARDS w/ American Poolplayers Association
Learn the rules of the game, proper cue technique, and the importance of the beginning "break."



September 27 (Thurs., 4:00-6:00)
HANDYMAN: STORAGE CADDY w/ Home Depot
Measure, cut, and stain wood and construct a small storage caddy with divided compartments. Perfect for keeping you organized!



September 27 (Thurs., 5:00-6:00)
ADVANCED WRITING: FLASH FICTION EDITING
Write a fictional story in just a few short paragraphs and exchange your work with other writers in a peer-editing workshop.



October 2 (Tues., 4:00-5:30)
CULINARY: ASIAN NOODLE BOWLS w/ Joliet Junior College
Stir-fry chopped veggies and marinated pork, mix in a tangy Asian sauce, and serve over noodles with a pickled vegetable and fresh herbs as garnish.



October 2 (Tues., 4:00-6:00)
PROJECT SERVE: THRIFT STORE
Join us for "Drive Out Bullying Month" and volunteer at The Bridge Thrift Store by helping sort, clean, and shelf donated items. Community service hours given.



October 3 (Wed., 4:00-5:30)
VOICE ACTING
Craft your voice's tone, pitch, and tempo while reading a script, a useful skill for doing a voice-over for a video project, podcast, or future career in advertising and film.



October 3 (Wed., 4:30-5:30)
DIY LEATHER-STAMPED KEYCHAINS
Set a strip of leather with a rivet and setter tools, add a charm, and stamp in your favorite phrase.



October 4 (Thurs., 5:00-6:00)
DIY PUMPKIN SPICE CANDLES
Repurpose a glass jar using paraffin wax and essential oil fragrance to give your room the signature smell of fall - pumpkin spice!

*** NATIONAL BULLYING PREVENTION MONTH PROGRAM**

OCTOBER & NOVEMBER



October 8 (Mon., 2:30-5:00)
ARCHERY w/ BowDoc Archery
Learn the art of shooting a bow and arrow and practice target accuracy at an indoor archery range. Equipment provided.



October 9 (Tues., 4:00-5:30)
CULINARY: PUMPKIN SPICE CUPCAKES
Bake cupcakes with signature fall flavors using real pumpkin, spices, and homemade frosting.



October 9 & 10 (Tues. & Wed., 5:00-6:00)
VIOLIN
Learn the basics of how to hold a violin and bow, name the instrument parts and strings, and start playing notes!



October 10 (Wed., 4:00-5:00)
SOUL CAFE: LET GO OF YOUR PAST w/ Lara Postma, Teen Life Coach
Our past doesn't define us - we can choose how we respond and move forward. Pick up some tips for a happier future from a Teen Life Coach.



October 10 (Wed., 5:00-6:00)
HAND EMBROIDERY
Hand embroidery has become the latest fashion trend! Add color and texture to fabrics.



October 11 (Thurs., 4:00-5:00)
POETRY WRITING
Evoke meaning and rhythm with the words you write. Incorporate your poetic style into song lyrics or a letter to someone you love.



October 11 (Thurs., 4:00-5:00)
PRESENTATION SKILLS
Giving a presentation or speech at school? Gain practical strategies to make your communication more effective and engaging to your audience and overcome pre-presentation jitters!



October 11 (Thurs., 5:00-6:00)
YOGA & POSITIVE THINKING
Practice yoga postures and positive thinking techniques that will energize and relax you!



October 16 (Thurs., 4:30-6:00)
SOUL CAFE: SHOW ME YOUR POKER FACE (GUYS ONLY) w/ Justin
Play a game of cards with the guys and get better at showing your true self and reading others.



October 16 (Tues., 4:00-5:30)
CULINARY: HANDMADE SOFT PRETZELS
Use traditional dough-making methods and practice the signature pretzel twist.



October 16 (Tues., 4:30-5:30)
CHALK PASTEL DRAWINGS w/ Melissa Ferriter, ATR
Create artwork with texture and vibrant colors with soft pastels using techniques like layering, stippling, and blending.



October 17 & 18 (Wed. & Thurs., 4:00-5:00)
KNITTING SLIPPERS
Fend off cold feet by stitching up a pair of slippers using a pattern, yarn, and knitting needles.



October 17 (Wed., 4:00-5:30)
PLASTER OF PARIS FLOWERS
Use this building material, a quick-setting gypsum plaster, to make a mold and cast crafty flowers.



October 17 (Wed., 4:30-6:00)
STEM: LEGO CONSTRUCTION COMPETITION
Compete in teams to build an advanced Lego model. Overcome obstacles through simulated real-world challenges and see which group wins!



October 18 (Thurs., 4:00-6:00)
CREATE A CUTTING BOARD w/ Rockler Woodworking
Sand and shape a wooden cutting board using industrial tools and techniques.



October 18 (Thurs., 5:00-6:00)
RESEARCH PAPER IN FIVE STEPS w/ Acorn Public Library
Refine your researching skills (web and print) and write an impressive paper for your next school assignment or personal writing project.



October 23 (Tues., 4:30-6:00)
SOUL CAFE: FACE YOUR FEARS (GIRLS ONLY) w/ Associates in Professional Counseling
Don't let your fears hold you back! See how you can overcome what's stressing you out and make a face sugar scrub with new friends.



October 24 (Wed., 4:00-5:30)
SPECIAL EFFECTS MAKEUP w/ Bridge Ambassador, Hailey
Try your hand at costume makeup with products used in the movie-making industry.



October 24 (Wed., 4:00-5:30)
CULINARY: FANCY GRILLED CHEESE w/ Trader Joe's
Make grilled cheese even better with a variety of cheese and bread options to pick from and special ingredients for amazing flavor combinations.



October 25 (Thurs., 4:00-5:30)
WATERCOLOR PAINTING w/ Trinity Christian College
Practice flat and graded wash, wet-in-wet and dry brush techniques, and other techniques in your watercolor paintings.



October 25 (Thurs., 4:30-5:30)
RANDOM ACTS OF KINDNESS: LIGHTBULB NOTES
It's National Lights On Afterschool Day! Spread some kindness by posting uplifting notes in Bridge lockers and put a smile on someone's face.



October 30 (Tues., 4:00-5:30)
EATING WITH THE SEASONS: CULINARY
Experience the sweet and savory flavors of pumpkin-pomegranate muffins, pumpkin & black bean soup, and roasted carrots with goat cheese and pomegranate seeds.



October 30 (Tues., 4:15-5:45)
BEHIND THE SCENES: FUNERAL HOME w/ Colonial Chapel
Delve into the funeral industry, understand how funeral directors serve with compassion, and learn about mortuary science. Happy Halloween!



October 31 (Wed., 4:00-6:00)
MOVIE DAY: HARRY POTTER W/ BUTTERBEER FLOATS
Watch the Sorcerer's Stone on the big screen at The Bridge and make your own Hogsmeade-inspired butterbeer float!



November 1 (Thurs., 3:45-6:00)
SKY ZONE
Flip and bounce in the freestyle trampoline courtyard or play a high-velocity game of dodgeball!



November 1 (Thurs., 4:15-5:30)
SOUL CAFE: GRATITUDE JOURNALS w/ Midwest Center for Hope and Healing
What are you thankful for? Get better at "counting your blessings" by creating a daily gratitude journal.



November 1 (Thurs., 4:30-5:30)
SONGWRITING w/ Down Home Guitars
Brainstorm creative writing ideas, explore poetic imagery and rhythms, and write a song with a melody.



November 6 (Tues., 4:00-5:30)
CULINARY: THANKSGIVING HOLIDAY CAKES w/ Wilton
Decorate a cake with a buttercream leaf border and a festive turkey topper. Learn icing, rolling fondant, and advanced piping techniques.



November 6 (Tues., 4:30-6:00)
ADVANCED WRITING: DESCRIPTIVE WRITING
Practice setting and depicting scenes and characters in your stories so your readers are instantly drawn in!



November 7 (Wed., 3:45-6:00)
HANDYMAN: BUILD A TOOLBOX w/ American Beam & Steel
Cut, sand, and assemble a wooden toolbox. Use it for handyman projects at college and for years to come!



November 7 (Wed., 4:00-5:00)
DIY JEWELRY w/ Pink Slip Boutique
Create your own necklace or bracelet with brightly-colored beads and fringe tassels.



November 7 (Wed., 4:00-5:30)
CULINARY: AROUND THE WORLD APPETIZERS w/ Cooper's Hawk
Prepare bacon-wrapped shrimp, tortillas served with meat and sweet chili sauce, and toasted bread topped with tomatoes and melted cheese.



November 8 (Thurs., 4:00-6:00)
SEW AN APRON
Read a pattern and sew a functional apron to wear when you're cooking, crafting, or working in the garage or yard.



November 8 (Thurs., 4:00-6:00)
#SKILLS SPORTS: BOWLING
See how many strikes you can get as you pick up tips through footwork alignment, swing, and release drills.



November 8 (Thurs., 4:30-5:45)
COFFEE ROASTING w/ Connect Roasters
Come sample coffees from around the world and see how they're roasted and brewed for the best flavor!



November 13 (Tues., 4:00-6:00)
BEHIND THE SCENES: CREATIVE CAKES
Get a tour of local, family-owned bakery and discover the baking and creative skills it takes to be a cake decorator.



November 13 (Tues., 4:30-6:00)
STEM: PUNKIN CHUNKIN
Build a catapult to launch a pumpkin into the air! Bonus points if you can hit the target.



November 14 (Wed., 4:00-5:30)
MOVIE SNACKS & TV TRIVIA
Ever zone out watching Netflix and realize you've eaten way too much junk food? Make some better-for-you snacks for your next movie night and play a game of TV trivia.



November 14 (Wed., 4:45-6:00)
MARBLED CLAY AUTUMN LEAVES
Roll and twist polymer clay for a "marbled" effect, shape into leaves, and use letter stamping tools to add your favorite word or quote.



November 15 (Thurs., 4:00-5:30)
EATING WITH THE SEASONS: CULINARY
Revel in the fall season with a sweet pear vanilla jam, sweet potato dumplings and biscuits, and maple baked pears.



November 15 (Thurs., 4:15-5:45)
INSIDE THE HUMAN EYE w/ Rosin Eye Care
Get a tour of an optometrist's office and try out their professional equipment. Take measurements of a friend's eye and practice giving the "puff" test.



November 15 (Thurs., 4:15-5:45)
CREATIVE PAINTING w/ Saulena Ananaviciene, LPC
Let your intuition and emotions guide you in the creative process of painting. Experience the calming power of art to reduce stress and anxiety.



November 19 (Mon., 2:00-3:00)
BEHIND THE SCENES: BRIDGE TEEN CENTER
Enjoy a hot chocolate bar with the Founders, Rob & Priscilla, get a behind-the-scenes tour, and hear how YOUR community center got started!



November 19 (Mon., 3:30-4:30)
APPLE CIDER & BINGO (MS ONLY)
Warm up with some hot apple cider and play Bingo with your Bridge friends.



November 20 (Tues., 4:00-6:00)
PROJECT SERVE: THRIFT STORE
Give back! Volunteer at our thrift store by helping sort, clean, and shelf donated items.



November 21 (Wed., 4:00-6:00)
POPCORN BAR & MOVIE
Watch a movie with your Bridge friends and share a popcorn bar with sweet and salty toppings.



November 20 (4:00-6:00)
eSKILLS: KITCHEN HERB GARDEN w/ Melanie
Grow your own culinary herbs by preparing the soil and planting seeds for a potted indoor herb garden.



November 21 (Wed., 4:30-5:45)
HOLIDAY SCRAPBOOKING
Use scrapbooking tools to cut and shape paper and add inspirational phrases and embellishments to card stock pages. After the holidays, add your favorite photos!



December 4 (Tues.,